
The Vegan Seed

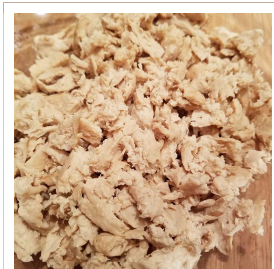
Vegan BBQ Chicken Sandwich

Ingredients:

1 pkg. Gardein Meatless Chick'n Strips

2 Tbs. Just Mayo

2 Tbs. Sweet Baby Ray's BBQ Sauce



Step 1

Thaw and warm chick'n strips and break apart into shreds, by hand.



Step 2

After chick'n is shredded add in Just Mayo and BBQ sauce.



Step 3

Place on bread or in a tortilla wrap and serve.

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Email: jennifer@theveganseed.com

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